

# Detailed program

**WEDNESDAY, JUNE 5**
**ROOM A1**
**Live surgery**

*Chair: Per Hedén    Co-chair: Michael Schefflan  
Chair at Akademikliniken: Ulf Samuelson*

**07:45-08:00**
**Welcome**

Per Hedén

**10:30-11:00**

*Coffee is served during this time. Session will however continue.*

**12:45-14:00**

*Lunch is served during this time. Session will however continue.*

**15:30-16:00**

*Coffee is served during this time. Session will however continue.*

**08:00-17:00**
**Operating room 1**

Face neck lifting with submandibular gland resection from the lateral approach – *Mario Pelle Ceravolo*  
Facial micro and nanofat grafting – *Mario Goisis*

**08:00-17:00**
**Operating room 2**

Male abdominal high definition liposuction – *Alexander Aslani*  
Hybrid buttock augmentation – *Daniel Del Vecchio*

**08:00-17:00**
**Operating room 3**

Preserving the augmentation by replacing breast implants with fat – *Roger Khouri*  
Lower lid blepharoplasty with canthopexy – *Giovanni Botti*  
Minimally invasive facial suture suspension – *Tunç Tiryaki*

**08:00-17:00**
**Operating room 4**
**Sponsored by:**
**Establishment Labs**

Breast augmentation: Anatomical TrueFixation implants – *Federico Mayo*

**Mentor**

Breast augmentation: MemoryGel Xtra – *Reha Yavuzer*

**Polytech**

Breast augmentation: Light weight implants – *Patrick Mallucci*

*Please note that above listed times and order of operations are subject to change.*

WEDNESDAY, JUNE 5

ROOM C1-C4

## Live procedural demos including injectables, threads, lasers

08:00-08:10	<b>Opening and welcome</b> <i>Hema Sundaram</i>
08:10-10:30	<b>Threads master class – PART I</b> <i>Chairs: Hee-Jin Kim and Thomas Rappl</i>  Key anatomy for threads – <i>Hyoung Jin Moon</i> Threads live demo 1 – absorbable threads – PLLA-co-PCL threads – <i>Luciano Lanfranchi</i> The new science of threads: Can rheology help us achieve better results? – <i>Hema Sundaram</i> Threads live demo 2 – absorbable threads – PDO – <i>Thomas Rappl</i> Indication, anchorage, settings: Can we define strategies for success with threads? – <i>Dominique Malard</i> <b>Panel debate: Threads – hope or hype? Key challenges and unmet needs</b> <b>Panel Interactive problem-solving: Threads – What went wrong?</b>
10:30-11:00	<b>Coffee break in the exhibition area</b>
11:00-12:00	<b>Threads master class – PART II</b> <i>Chairs: Haideh Hirmand and Luciano Lanfranchi</i>  Threads: Evidence-based review – <i>Thomas Rappl</i> Threads video demo 1 – absorbable threads – <i>Hyoung Jin Moon</i> <b>Panel debate: The threads jungle – Where are we in 2019 and where are we going?</b>
12:00-12:45	<b>Focus on fillers – PART I</b> <i>Chairs: Athina Giannopoulou and Katharina Russe-Wilflingseder</i> Fillers live demo 1 – Contouring of the jawline – <b>Sponsored by Allergan</b> – <i>Marva Safa</i>
12:45-14:00	<b>Lunch in the exhibition area</b>
13:00-13:45	<b>LUNCH AND LEARN MASTER CLASS: 3D Facial anatomy for excellence in PDO threading and other procedures - Supported by an educational grant from N-Finders - Hee-Jin Kim</b>  <b>Learning objectives:</b> 1. Visualize the key anatomy of the face, including facial muscles, ligaments, fat compartments and blood vessels. 2. Analyze the interrelationships of key anatomical structures with new and emerging investigative tools including three-dimensional cadaveric dissection and high-resolution ultrasonographic imaging. 3. Develop treatment plans to maximize safety and outcomes with suspension threads and other facial aesthetic procedures, including approaches to anatomical danger zones and avoidance and management of complications.
14:00-15:00	<b>Focus on fillers – PART II</b> <i>Chairs: Kavita Mariwalla and Sabrina Shah-Desai</i> Fillers live demo 2 – Jawline and chin – <b>Sponsored by IBSA</b> – <i>Shina Kamran Hagh</i> Fillers and toxin live demo 3 – Upper and mid face – <i>Athina Giannopoulou</i>
15:00-15:30	<b>Focus on lasers and energy-based devices</b> <i>Chairs: Kavita Mariwalla and Sabrina Shah-Desai</i> Laser video demo 1 – <i>Sabrina Shah-Desai</i> Laser video demo 2 – <i>Katharina Russe-Wilflingseder</i>
15:30-16:00	<b>Coffee break in the exhibition area</b>

WEDNESDAY, JUNE 5

ROOM C1-C4

16:00-17:00

**The world of imaging**

*Chairs: Hee-Jin Kim and Katharina Russe-Wilflingseder*

Quantitative image analysis and real-time video imaging of live demonstration results (fillers and threads)  
– with commentary from chairs and faculty panel

Imaging tools that will shape our future: High-resolution ultrasound, confocal microscopy  
and optical coherence tomography – *Ferial Fanian*

**Panel discussion**

17:00

**Close of day**

*Hema Sundaram*

THURSDAY, JUNE 6

ROOM A1

## Combined session on surgical and non-surgical aesthetic treatments

08:00-08:10	<p><b>Welcome and program overview</b> <i>Per Hedén and Hema Sundaram</i></p>
08:10-09:00	<p><b>Business and practice management</b> <i>Chair: Mark Magnusson, Co-chair: Jan Jernbeck</i></p> <p>How to select non-surgical devices when building your clinic? – <i>Katharina Russe-Wilflingseder</i>          What are the key elements in creating a successful aesthetic clinic? – <i>Bradley Calobrace</i>          Why offer cosmeceuticals – what is effective and how to select the ideal products? – <i>Kavita Mariwalla</i>          How to work with social media and the web – where should you put your marketing resources?          – <i>Paolo Montemurro</i>          Enhancing your practice with non- surgical body shaping – <i>Tim Papadopoulos</i></p> <p><b>Discussion</b></p>
09:00-10:25	<p><b>The future of aesthetic medicine – A grand debate between industry and physicians</b>  <b>What do patients, doctors and companies desire for the future of the aesthetic medicine?</b>  <i>Chair: Per Hedén, Co-chair Mark Magnusson</i></p> <p><i>Faculty: Humberto Atunes, Daniel de Boer (Galderma), Bradley Calobrace, Juan José Chacón-Quirós (Establishment Labs), Raina Dauria (Mentor), Shimon Eckhouse, Jason Hammer (Allergan), Ulf Samuelson, Michael Scheflan, Hema Sundaram</i></p> <p><b>Tentative discussion and presentation topics:</b>          What are the future needs from patients, physicians and the industry?          Facial injectables – what does market research say about the future?          Market research related to non-surgical vs. surgical body contouring          What are patients asking for in breast aesthetics?          Breast implants – what do the recent actions from medical authorities and media attention tell us about the future of aesthetic medicine?          Why do big pharma enter into aesthetic medicine?          How should the industry work together with physicians for the future of aesthetics?          Will the industry increase direct consumer advertisement and social media-activities?          New ethical dilemmas in aesthetic medicine          Will the large variability in legislation related to aesthetic medicine be harmonized?          Are better regulations of the aesthetic medicine market needed and if so how?          How should we get better quality of scientific studies in aesthetic medicine?          The digital and biotech revolution – treats and opportunities          Individualization treatment based on DNA profile</p>
10:25-10:35	<p><b>ISAPS Presentation</b> <i>Kai-Uwe Schlaudraff</i></p>
10:35-11:00	<p><b>Coffee break in the exhibition area</b></p>
11:00-12:00	<p><b>The BTS Cup – Problem solving in aesthetic medicine</b>  <b>Ladies vs. Gentlemen</b>  <i>Judge: Ernst Magnus Noah</i></p> <p><b>Team ladies:</b> <i>Katharina Russe-Wilflingseder, Hema Sundaram, Jill Waibel and Kamakshi R. Zeidler</i>  <b>Team gentlemen:</b> <i>Giovanni Botti, Seemal Desai, Tim Papadopoulos and Tunç Tiryaki</i></p>
12:00-13:15	<p><b>Lunch in the exhibition area</b></p>

**THURSDAY, JUNE 6**

**ROOM A1**

**12:30-13:15**

**Industry sponsored workshops**

**Room A1:** Allergan – Structural shaping with Juvéderm® VOLUX: Introducing a new injectable to sculpt the chin and jaw – *Marva Safa*

**Room C1-C4:** Polytech – In the current breast implant climate are we doing the best for our patients?  
*Moderator: Ernst Magnus Noah*

What drives consultation today and why I see the need for multiple breast implant surfaces – *Roy de Vita*

My addiction to Microthane breast implants and why this implant is crucial in breast surgery  
– *Mario Pelle Ceravolo*

A clear value proposition: The light-weight breast solution – *Patrick Mallucci*

**Room 24+25:** IBSA – Aliaxin – The Holistic Approach to Facial Volumetric Restoration

Profilo Hybrid Cooperative Complex HA: Integrative, Evidence-based Solution for Multi-Level Tissue Remodeling – *Shina Kamran Hagh*



THURSDAY, JUNE 6

ROOM A1

## Surgical program

## FACIAL AESTHETIC SURGERY

- 13:15-13:45** **Keynote lecture**  
Important anatomical considerations and landmarks in facial surgery – *Mark Ashton*
- 13:45-15:15** **Facelifts – state of the art in the 21st century**  
*Chair: Ernst-Magnus Noah, Co-chair: Giovanni Botti*  
My most important key point for successful facelifts – *Giovanni Botti and Mario Pelle Ceravolo*  
Deep Plane – How to approach the spaces of Mendelsohn? – *Ernst Magnus Noah*  
Improvement of the skin structure in facelift patients – *Per Hedén*  
**Discussion**
- 15:15-15:30** **Q&A Video round – quick video questions from audience and faculty**
- 15:30-16:00** **Coffee break in the exhibition area**
- 16:00-18:00** **The peri-orbital area, neck and minimally invasive procedure**  
*Chair: Mario Pelle Ceravolo, Co-chair: Tunç Tiryaki*  
Ptosis correction in aesthetic eyelid surgery – *Sabrina Shah-Desai*  
Canthopexy and canthoplasty – when and how? – *Giovanni Botti*  
Transconjunctival fat transposition blepharoplasty – does it have a role? (video presentation) – *Sabrina Shah-Desai*  
Malar festoons a difficult surgical problem – alternatives for correction – *Giovanni Botti*  
Subplatysmal surgery – is it worth the risks or the new standard to improve the neck?  
– Lateral approach – *Mario Pelle Ceravolo*  
– Central approach – *Per Hedén*  
Minimally invasive thread lifting of the neck – *Tunç Tiryaki*  
The place for PRP, “nano” and microfat grafting in facial surgery – *Mario Goisis*  
Do minimal undermining and suspension in face-lifting make sense? – *Alessandro Gualdi*  
Limitations, risk and possibilities with laser assisted liposuction of the neck – is skin tightening possible? – *Eyal Winkler*  
**Discussion**
- 18:00-18:45** **Industry sponsored workshop**  
**Room A1:** Zo Skin Health – Uphold the standard of excellence and simplify skin health to deliver exceptional results – *Michael Zangani*
- 18:00-19:00** **In-depth workshops – meet the experts**  
*Free of charge, limited seating, advance registration required.*  
**Room C1–C4:** Periorbital surgery State of the art – *Giovanni Botti*  
**Room 24 + 25:** Soft tissue support and control in aesthetic and reconstructive breast surgery: Natural scaffolds and ADM – *William Adams, Patrick Mallucci and Roy de Vita*  
**Room 26:** How to perform suture suspension of the neck face and nose (including video demo) – *Tunç Tiryaki*  
**Room 27:** Put down the scalpel! Lasers for aesthetics and healing – *Jill Waibel*

THURSDAY, JUNE 6

ROOM C1-C4

## Non-surgical program

<b>13:15-14:30</b>	<p><b>The non-surgical year in review</b>  <i>Chairs: Seemal Desai and Jill Waibel</i></p> <p>Lasers and energy-based devices – <i>Jill Waibel</i>  Recent advances in research on adipose tissue, SVF, ASCs – <i>Kai-Uwe Schlaudraff</i>  PRP – <i>Kavita Mariwalla</i>  Cosmeceuticals – <i>Seemal Desai</i>  Fillers and toxins – <i>Haideh Hirmand</i></p> <p><b>Panel discussion</b></p>
<b>14:30-15:30</b>	<p><b>Lasers and energy-based devices master class</b>  <i>Chairs: Elena Goltsova and Sabrina Shah-Desai</i></p> <p>Video lecture: New and emerging laser therapies – <i>Jill Waibel</i>  Minimally and non-invasive laser and energy-based device: Indications, limitations, long-term results – <i>Katharina Russe-Wifflingseder</i>  Combining fat, lasers and energy-based devices – <i>Katharina Russe-Wifflingseder</i></p> <p><b>Panel discussion</b>  <b>Interactive problem-solving: Lasers – What went wrong?</b></p>
<b>15:30-16:00</b>	<p><b>Coffee break in the exhibition area</b></p>
<b>16:00-18:00</b>	<p><b>Injectables complications</b>  <i>Chairs: Mark Magnusson and Hyoung Jin Moon</i></p> <p>Biofilms – <i>Anand Deva</i> (via video link)  Key anatomy to avoid complications – <i>Hee-Jin Kim</i>  Vascular complications – <i>Mark Ashton</i>  Hyaluronidase – <i>Tim Papadopoulos</i>  Nodular complications – <i>Sabrina Shah-Desai</i>  Toxin complications – <i>Benoit Hendrickx</i></p> <p><b>Panel discussion</b>  <b>INTERACTIVE PROBLEM-SOLVING: Injectables complications – What went wrong?</b></p>
<b>18:00-18:45</b>	<p><b>Industry sponsored workshop</b>  <b>Room A1:</b> Zo Skin Health – Uphold the standard of excellence and simplify skin health to deliver exceptional results – <i>Michael Zangani</i></p>
<b>18:00-19:00</b>	<p><b>In-depth workshops – meet the experts</b>  <i>Free of charge, limited seating, advance registration required.</i></p> <p><b>Room C1-C4:</b> Periorbital surgery State of the art – <i>Giovanni Botti</i>  <b>Room 24+25:</b> Soft tissue support and control in aesthetic and reconstructive breast surgery: Natural scaffolds and ADM – <i>William Adams, Patrick Mallucci and Roy de Vita</i>  <b>Room 26:</b> How to perform suture suspension of the neck face and nose (including video demo) – <i>Tunç Tiryaki</i>  <b>Room 27:</b> Put down the scalpel! Lasers for aesthetics and healing – <i>Jill Waibel</i></p>

FRIDAY, JUNE 7

ROOM C1-C4

## Surgical program

### AESTHETIC BREAST SURGERY

08:00-09:00

#### Primary breast augmentation VIDEO session

*Chair: Per Hedén, Co-chair: Michael Schefflan*

How do I select implants and do markings in primary breast augmentation cases?

– *Patrick Mallucci, Marcos Sforza*

How do I select implants and do preoperative markings in secondary breast augment cases?

– *Bradley Calobrace, Roy de Vita*

How do I select implants and perform my preoperative markings in mastopexy augmentations?

– *Patrick Maxwell, Craig Layt*

Step by step – the surgical procedure in primary breast augmentation

– *Kamakshi R. Zeidler, William Adams*

#### Debate on implant selection, preoperative markings and surgical steps

09:00-10:00

#### Breast implants – hot topics

*Chair: Patrick Maxwell, Co-chair: Patrick Mallucci*

Breast implant illness – what is it? – *Mark Magnusson*

“10 complications in 10 minutes” – a talk about management of complications – *Craig Layt*

Update on capsular contracture – what is the present knowledge about this multifactorial condition?

– *Udi Arad*

Support – when what and how? – *Patrick Maxwell*

Short scar BA – risk vs. benefits. Marketing or true value? – *Paolo Montemurro*

#### Discussion

10:00-10:30

#### Coffee break in the exhibition area

10:30-12:25

#### The science of breast implants

##### PART I

*Chair: Per Hedén, Co-chair: William Adams*

Can biomimetics be used to solve implant related problems? – *Ardeshir Bayat*

Capsular formation around implants – too little or too much and how do we get it just right? – *Yoav Barnea*

Implant rupture – how does the surface, gel-shell interface, shell strength and thickness affect durability

– *Michael Hoffman*

Silicone gel characteristics – what is the difference between different gels – all about elasticity and cohesivity – *Marcos Sforza*

Alteration of silicone weight – the science and its clinical implications – *Michael Schefflan*

#### Discussion

##### PART II

*Chair: Per Hedén, Co-chair: Patrick Maxwell*

Future option to reduce the risk for biofilm formation – *Eitam Weiss*

The science of polyurethane coverage of implants – *Mario Pelle Ceravolo*

Implant texture – a hot topic. What are the benefits and future of different textures? – *Per Hedén*

Silicone particulate from textured implants – is there bio-reactivity? – *Nadim Hallab*

Immunological response to silicone – *Dolores Wolfram-Raunicher*

#### Discussion

12:25-12:45

#### The grand debate: What type of breast implant do we clinicians need and hope to have in the future?

*Chair: Per Hedén*

*Faculty: William Adams, Bradley Calobrace, Dennis Hammond, Patrick Mallucci, Patrick Maxwell and Michael Schefflan*

12:45-14:00

#### Lunch in the exhibition area



13:15-14:00

**Industry sponsored workshops****Room A1:** Galderma – Lower face –Higher standard – *Juan Sopena***Room C1-C4:** Establishment Labs – Evolution of Breast Surgery*Moderators: Michael Schefflan and Per Hedén***Evolution comes from Science**How SilkSurface® Works at Cell Level – *Ardeshir Bayat*The immunology of Capsular Fibrosis – *Dolores Wolfram-Raunicher*Particulate Shedding and the Triggering of Chronic Inflammation – *Nadim Hallab***Evolution means adaptability***Panelists: Giovanni Botti, Paolo Montemurro, Tim Papadopoulos, Daniel Del Vecchio, Dennis Hammond and Marcos Sforza.***Room 24+25:** MediNordic Aesthetics ApS – RF cannula in facial rejuvenation – results comparative to surgical outcomes but no scars – *Pier Paolo Rovatti*

14:00-15:15

**The breast challenge – points and counterpoints***Chair: Roy de Vita, Co-chair: Bradley Calobrace*Why large volume fat grafting combined with implants? – *Daniel Del Vecchio*Why only low volume fat grafting combined with implants? – *William Adams*Why round implants? – *Craig Layt*Why anatomical implants? – *Kamakshi R. Zeidler*Why do I frequently use periareolar mastopexy in augmentations? – *Dennis Hammond*Why do I try to avoid periareolar mastopexy augmentations? – *Patrick Mallucci*Why supramuscular implant placement? – *Yoav Barnea*Why subpectoral implant placement? – *Patrick Maxwell***Discussion**

15:15-15:30

**Q&A Video round – quick video questions from audience and faculty**

15:30-16:00

**Coffee break in the exhibition area**

16:00-18:00

**How do I solve this problem – difficult case discussion***Chair: Per Hedén, Co-chair: Patrick Maxwell***PART I***Faculty: William Adams, Yoav Barnea, Dennis Hammond, Mark Magnusson, Patrick Mallucci and Michael Schefflan***Tentative case descriptions:**

Capsular contracture – unilateral

Capsular contracture – bilateral

Bottoming out/lateral malposition

Body builder requesting augmentation

Oversized implants – downsizing

Symmastia

**PART II***Faculty: Bradley Calobrace, Craig Layt, Tim Papadopoulos, Marcos Sforza, Roy de Vita and Kamakshi R. Zeidler***Tentative case descriptions:**

Oversized implants – removal

Tuberous breast

Animation deformity

Ptosis – rejects mastopexy

Ptosis – accepts mastopexy

Pronounced asymmetry

19:30

**Congress dinner**

FRIDAY, JUNE 7

ROOM A1

## Non-surgical program

### ANATOMY AND INJECTABLES MASTER CLASS

#### Learning objectives:

1. Discuss the anatomical basis of different modalities of non-surgical and minimally invasive rejuvenation.
2. Review the key anatomy of the face, including anatomy of the facial muscles, ligaments, fat compartments and blood vessels.
3. Key strategies to ensure the best procedural results and ensure maximal procedural safety – including tips and tricks for approaching anatomical danger zones, and emergency treatments to manage injectables complications.
4. Case-based presentations where appropriate.

08:00-08:10

#### Welcome and program overview

*Hema Sundaram*

08:10-09:55

#### Session I: Anatomy of aging fat compartments, facial assessment

*Chairs: Henry Delmar and Kavita Mariwalla*

Overview of Layered Facial Anatomy: Fat compartments, SMAS and retaining ligaments – *Mark Ashton*

Anatomy for toxin injection – *Hyoung Jin Moon*

Rheology: Where are we in 2019? – *Hema Sundaram*

Keys to facial assessment: Choosing the right patients and strategies for injectables – *Tim Papadopoulos*

#### Panel discussion

09:55-10:15

#### Session II: Upper face

*Chairs: Tamara Griffiths and Tim Papadopoulos*

Key anatomy – Upper face – *Henry Delmar*

Key clinical points – Upper face – *Thomas Rapp*

10:15-10:45

#### Coffee break in the exhibition area

10:45-11:35

#### Session II: Upper face contd.

*Chairs: Tamara Griffiths and Tim Papadopoulos*

Video demo 1 – Upper face – *Haideh Hirmand*

Video demo 2 – Upper face – *Mark Magnusson*

Video demo 3 – Upper face – *Sabrina Shah-Desai*

#### Panel discussion

11:35-12:45

#### Session III: Midface

*Chairs: Athina Giannopoulou and Hyoung Jin Moon*

Key anatomy – Midface (including infraorbital) – *Tim Papadopoulos*

Key clinical points – Midface (including infraorbital) – *Haideh Hirmand*

Video demo 1 – Tear troughs – *Alessandra Nogueira*

Video demo 2 – Midface (including nose) – *Thomas Rapp*

Video demo 3 – Midface (including nose) – *Luciano Lanfranchi*

#### Panel discussion

12:45-14:00

#### Lunch in the exhibition area

## FRIDAY, JUNE 7

## ROOM A1

13:15-14:00

**Industry sponsored workshops****Room A1:** Galderma – Lower face –Higher standard – *Juan Sopena***Room C1-C4:** Establishment Labs – Evolution of Breast Surgery*Moderators: Michael Schefflan and Per Hedén***Evolution comes from Science**How SilkSurface® Works at Cell Level – *Ardeshir Bayat*The immunology of Capsular Fibrosis – *Dolores Wolfram-Raunicher*Particulate Shedding and the Triggering of Chronic Inflammation – *Nadim Hallab***Evolution means adaptability***Panelists: Giovanni Botti, Paolo Montemurro, Tim Papadopoulos, Daniel del Vecchio, Dennis Hammond and Marcos Sforza.***Room 24+25:** MediNordic Aesthetics ApS – RF cannula in facial rejuvenation – results comparative to surgical outcomes but no scars – *Pier Paolo Rovatti*

14:00-15:15

**Session IV: Lower face and neck***Chairs: Mark Ashton and Elena Goltsova*Key anatomy – Lower face and neck – *Mark Magnusson*Key clinical points – Lower face and neck – *Benoit Hendrickx*Video demo 1 – Lower face and neck – *Athina Giannopoulou*Video demo 2 – Lower face and neck – *Henry Delmar*Video demo 3 – Lower face and neck – *Hema Sundaram***Panel discussion**

15:15-15:45

**Coffee break in the exhibition area**

15:45-16:25

**Session V: Hands***Chairs: Benoit Hendrickx and Haideh Hirmand*Key anatomy – Hands – *Thomas Rappl*Key clinical points – Hands – *Elena Goltsova*Video demo 1 – Hands – *Thomas Rappl***Panel discussion**

16:25-16:55

**Session VI: Procedural safety pearls***Chairs: Benoit Hendrickx and Haideh Hirmand*Top tips for toxins including procedural safety – *Tamara Griffiths*Top tips for fillers including procedural safety – *Tim Papadopoulos***Interactive problem-solving: Fillers and Toxins – What went wrong?**

16:55-17:00

**Close of course***Hema Sundaram*

19:30

**Congress dinner**

SATURDAY, JUNE 8

ROOM A1

## Surgical program

## RHINOPLASTY

09:00-10:00

**Rhinoplasty I***Chair: Giovanni Botti, Co-chair: Jonas Rödmark*Assessment of rhinoplasty outcomes with FACE-Q Nose module – *Amin Kalaaji*Combined open and closed rhinoplasty technique – *Jonas Rödmark*Minimally invasive nose surgery: Indications and techniques for nose suspensions and less invasive tip-rhinoplasty – *Tunç Tiryaki*Different approaches and indication for treatment of the nasal tip – *Giovanni Botti*Rhinoplasty in patients with redundant and thick skin – *Enrico Robotti***Discussion**

10:00-10:30

**Coffee break in the exhibition area**

10:30-11:30

**Rhinoplasty II***Chair: Tunç Tiryaki, Co-chair: Miguel Goncalves Ferreira*Treating the retracted ala – *Enrico Robotti*Open or closed, how does it affect the outcome – results from a series of identical twin operations – *Giovanni Botti*Addressing the dorsum with the spare roof technique – *Miguel Goncalves Ferreira*Three current pearls for tip symmetry, support and sidewall reshaping – *Enrico Robotti***Discussion**

11:30-12:00

**Hot topics – rhinoplasty debate***Chair: Per Hedén**Faculty: Giovanni Botti, Miguel Goncalves Ferreira, Enrico Robotti, Jonas Rödmark and Tunç Tiryaki***Tentative discussion topics:**

When to open and when not to

3D imaging and preoperative morphing – marketing or true value? How should it be used in an optimal way

Optimal cartilage graft in different areas

Patient communication – prediction of healing, evaluation of skin

Never or seldomly use artificial material in the nose

The place for HA fillers in nasal reshaping

12:00-12:15

**Q&A Video round – quick video questions from audience and faculty**

12:15-13:30

**Lunch in the exhibition area**

12:45-13:30

**Industry sponsored workshops****Room A1:** Allergan – Adipose tissue: Key considerations in its addition and reduction – *Ulf Samuelsson and Ramón Llull***Room C1–C4:** miraDry – miraDry and Millennials – *Jennifer Harrington*

SATURDAY, JUNE 8

ROOM A1

## BODY CONTOURING

13:30-15:45

**Body contouring and fat grafting***Chair: Kai-Uwe Schlaudraff, Co-chair: Jan Jernbeck***PART I**Challenges and safety in combined aesthetic procedures: Definition, advantages, limits, postoperative pain management, and quick recovery – *Amin Kalaaji*Inverse abdominoplasty: Creating the rectus folds illusion – *Tunç Tiryaki*The rotated Y-V neo-umbilicoplasty – get rid of the telltale sign of abdominoplasty – *Kai-Uwe Schlaudraff*High definition body contouring— creating shape with liposuction, muscle etching and volume addition – *Alexander Aslani*High definition body contouring— limitations and how to avoid and treat complications – *Alexander Aslani***Discussion****PART II**Buttock augmentation fat, implants or the new paradigm: Hybrid technique – indications and surgical techniques – *Daniel Del Vecchio*Improve outcomes after fat-grafting with EVE (External Vacuum Expander) – *Roger Khouri*ASCs and fat grafting – recent changes in processing, regulatory environment, therapies and ethics – *Kai-Uwe Schlaudraff*EVF (Expansion Vibration lipo-Filling) for safe subcutaneous filling of breast and buttocks – *Daniel Del Vecchio*Fat injection simplified: Tips and tricks for a simple, safe and successful fat grafting – *Tunç Tiryaki*Tissue recruitment techniques to improve the outcome after fat grafting – *Roger Khouri***Discussion**

15:45-16:00

**Q&A Video round – quick video questions from audience and faculty**

16:00-16:05

**Adjournment***Per Hedén*

16:05-16:30

**Coffee break in the exhibition area**

16:30-17:30

**In-depth workshops – meet the experts***Free of charge, limited seating, advance registration required.***Room C1–C4:** High definition liposuction – learn it step by step – *Alexander Aslani***Room 24+25:** Revision rhinoplasty: strategies and options – *Enrico Robotti*

SATURDAY, JUNE 8

ROOM C1-C4

## Non-surgical program

09:00-10:00

**Face of the future: New toxins, new concepts***Chairs: Mark Magnusson and Jill Waibel*Emerging toxins: Key studies – *Kavita Mariwalla*Therapeutic failure in patients aesthetically treated with botulinum toxin A – an evidence-based analysis – *Alessandra Nogueira*Ultrasound-guided toxin injection – is this our future? – *Jae Wook Kim***Panel discussion**

10:00-10:30

**Coffee break in the exhibition area**

10:30-12:15

**New technologies, new techniques***Chairs: Henry Delmar and Hema Sundaram*BDDE-free injectable HA – *Stephane Meunier*Chitosan Filler – *Benoit Hendrickx*Reconstituted injectable SVF – *Haideh Hirmand*Platelet-rich plasma: novel applications – *Kavita Mariwalla*Stem cells in aesthetic medicine – *Jill Waibel*Threads: 3D Approach – *Henry Delmar*Threads with hyaluronic acid – *Luciano Lanfranchi*Powered muscle stimulation – *Hema Sundaram*Real-time video imaging – *Emmanuel Elard***Panel discussion**

12:15-13:30

**Lunch in the exhibition area**

12:45-13:30

**Industry sponsored workshops****Room A1:** Allergan – Adipose tissue: Key considerations in its addition and reduction – *Ramón Llull and Marva Safa***Room C1-C4:** miraDry – miraDry and Millennials – *Jennifer Harrington*

13:30-15:00

**Hot topicals: Cosmeceuticals debates***Chairs: Seemal Desai and Tamara Griffiths***DEBATE I**Hyperpigmentation – My approach – Presentation 1 – *Seemal Desai*Hyperpigmentation – My approach – Presentation 2 – *Virginia Vega*Hyperpigmentation – My approach – Presentation 3 – *Rahul Mehta***Panel debate****DEBATE II**Customized cosmeceuticals – Why and how? – Presentation 1 – *Harry Arampatzis*Customized cosmeceuticals – Why and how? – Presentation 2 – *Rahul Mehta***Panel debate****DEBATE III**Microbiome – Evidence and evidence gaps – Presentation 1 – *Tamara Griffiths*Microbiome – Evidence and evidence gaps – Presentation 2 – *Harry Arampatzis*Microbiome – Evidence and evidence gaps – Presentation 3 – *Virginia Vega***Panel debate**

**SATURDAY, JUNE 8**

**ROOM C1-C4**

**15:00-16:00**

**Holistic approach to optimizing procedural outcomes**

*Chairs: Tim Papadopoulos and Thomas Rappl*

More than skin deep: lifestyle factors that impact aging and procedural recovery – *Tamara Griffiths*

Pre- and post-procedural cosmeceuticals – *Seemal Desai*

Early interventions for surgical scars – *Jill Waibel*

Microcurrent technology – *Hema Sundaram*

**Panel discussion**

**16:00-16:05**

**Adjournment**

*Hema Sundaram*

**16:05-16:30**

**Coffee break in the exhibition area**

**16:30-17:30**

**In-depth workshops – meet the experts**

*Free of charge, limited seating, advance registration required.*

**Room C1-C4:** High definition liposuction – learn it step by step – *Alexander Aslani*

**Room 24+25:** Revision rhinoplasty: strategies and options – *Enrico Robotti*

# Industry sponsored and in-depth workshops – meet the experts

## WEDNESDAY, JUNE 5

**13:00-13:45** **LUNCH AND LEARN MASTER CLASS:** 3D Facial anatomy for excellence in PDO threading and other procedures - **Supported by an educational grant from N-Finders** - *Hee-Jin Kim*

## THURSDAY, JUNE 6

### 12:30-13:15 **INDUSTRY SPONSORED WORKSHOPS**

**Room A1:** Allergan – Structural shaping with Juvéderm® VOLUX: Introducing a new injectable to sculpt the chin and jaw – *Marva Safa*

**Room C1-C4:** Polytech – In the current breast implant climate are we doing the best for our patients?  
*Moderator: Ernst Magnus Noah*

What drives consultation today and why I see the need for multiple breast implant surfaces – *Roy de Vita*  
My addiction to Microthane breast implants and why this implant is crucial in breast surgery  
– *Mario Pelle Ceravolo*

A clear value proposition: The light-weight breast solution – *Patrick Mallucci*

**Room 24+25:** IBSA – Aliaxin – The Holistic Approach to Facial Volumetric Restoration  
Profilo – Hybrid Cooperative Complex HA: Integrative, Evidence-based Solution for Multi-Level Tissue Remodeling – *Shina Kamran Hagh*

### 18:00-18:45 **INDUSTRY SPONSORED WORKSHOP**

**Room A1:** Zo Skin Health – Uphold the standard of excellence and simplify skin health to deliver exceptional results – *Michael Zangani*

### 18:00-19:00 **IN-DEPTH WORKSHOPS – MEET THE EXPERTS**

*Free of charge, limited seats, advance registration required.*

**Rum C1-C4:** Periorbital surgery – State of the art – *Giovanni Botti*

**Room 24+25:** Soft tissue support and control in aesthetic and reconstructive breast surgery: Natural scaffolds and ADM – *William Adams, Patrick Mallucci and Roy de Vita*

**Room 26:** How to perform suture suspension of the neck, face and nose (including video demo)  
– *Tunç Tiryaki*

**Room 27:** Put down the scalpel! Lasers for aesthetics and healing – *Jill Waibel*

## FRIDAY, JUNE 7

### 13:15-14:00 **INDUSTRY SPONSORED WORKSHOPS**

**Room A1:** Galderma – Lower face – Higher standard – *Juan Sopena*

**Room C1-C4:** Establishment Labs – Evolution of Breast Surgery  
*Moderators: Michael Schefflan and Per Hedén*

#### **Evolution comes from Science**

How SilkSurface® Works at Cell Level – *Ardeshir Bayat*

The immunology of Capsular Fibrosis – *Dolores Wolfram-Raunicher*

Particulate Shedding and the Triggering of Chronic Inflammation – *Nadim Hallab*

#### **Evolution means adaptability**

*Panelists: Giovanni Botti, Paolo Montemurro, Tim Papadopoulos, Daniel Del Vecchio, Dennis Hammond and Marcos Sforza.*

**Room 24+25:** MediNordic Aesthetics ApS – RF cannula in facial rejuvenation  
– results comparative to surgical outcomes but no scars – *Pier Paolo Rovatti*



## SATURDAY, JUNE 8

12:45-13:30

### INDUSTRY SPONSORED WORKSHOPS

**Room A1:** Allergan – Adipose tissue: Key considerations in its addition and reduction  
– *Ulf Samuelsson and Ramón Llull*

**Room C1–C4:** miraDry – miraDry and Millennials – *Jennifer Harrington*

16:30-17:30

### IN DEPTH WORKSHOPS – MEET THE EXPERTS

*Free of charge, limited seats, advance registration required.*

**Room C1–C4:** High definition liposuction – learn it step by step – *Alexander Aslani*

**Room 24+25:** Revision rhinoplasty: strategies and options – *Enrico Robotti*



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